



Secondary Age CAT PAC : Communication and Autism Team  
Parent Awareness Course- Virtual via Microsoft TEAMS

We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.

- The course has been designed for parents of secondary pupils, who want to increase their understanding of autism.
- The sessions will be delivered virtually via Microsoft TEAMS, a link will be sent to you before each session.

<b>Session1 – All About Autism</b>	Tuesday 10 <sup>th</sup> October 12.30-2.30pm
<b>Session 2 – Communication and Interaction</b>	Tuesday 17 <sup>th</sup> October 12.30-2.30pm
<b>Session 3 – Sensory differences</b>	Tuesday 24 <sup>th</sup> October 12.30-2.30pm
<b>HALF TERM</b>	
<b>Session 4 – Eating, sleeping and personal care</b>	Tuesday 7 <sup>th</sup> November 12.30-2.30pm
<b>Session 5 – Autism and Anxiety</b>	Tuesday 14 <sup>th</sup> November 12.30-2.30pm
<b>Session 6 – Parent choice of theme</b>	Tuesday 21 <sup>st</sup> November 12.30-2.30pm

The following information will need to be provided to gain a place:

The subject or title of your email needs to state that it is for: Autumn Secondary Online CAT PAC.

- Your young person’s name and school
- Your name and email address
- Your young person’s CAT worker (if known)
- Due to limited places the course will be offered to the first families to contact us.
- *There is an expectation that parents endeavour to attend all sessions if possible.*
- Please email [A2EGeneral@birmingham.gov.uk](mailto:A2EGeneral@birmingham.gov.uk) to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.

Yours sincerely, Katie Price and Wendy Gibb