

Regional Executive Headteacher: Dr. J Bartlett – NPQH, PGCE, D.Phil, M.Chem **Specialisms:** Mathematics

ELN/RAB

2nd October 2023

Dear parents/carers,

On the 10th October it is World Mental Health Day. Here at Shenley Academy, we are really shaping the way in which we speak about mental health and how we encourage staff, students and families to talk about how they feel.

We want to join in with the 1000's of other people around Britain to "Get Britain talking"

There will be activities for tutor time and assemblies to run aside this. The message we want to send out is we are here to help and support. It could be a conversation for your child or signposting for support for you or a family member. We are here to help.

We are launching a new look ambassador team and more exciting news will be coming out soon. It will give students the opportunity to explore areas of mental health, safeguarding, and anti-bullying. It will help them grow their confidence and create an amazing environment that promotes the students at the heart of it.

If you would like some more information on anything mentioned above, please contact the academy.

Kind Regards

The Safeguarding team

